



FLAG AND FLOWER CHALLENGE

- Get a 12x18 American Flag
- Get a red carnation
- Go to a cemetery and locate a veterans gravesite
- Clean the stone if it needs to be cleaned
- Place the red carnation flower in the upper middle of the stone
- Place the Flag in the upper middle of the stone next to the flower
- Say the name of the veteran out loud and say thank you for your service
(We do this because a veteran's name not said out loud is a veteran forgotten)
- Take a picture of you by the stone showing the flag and flower
- Post the picture on all social media with the #fandfchallenge

**HONOR VETERANS EVERY DAY
AND NOT JUST ON A HOLIDAY.**

Preston Sharp, founder of the Flags and Flowers Challenge | prestonsharp.net

