FLAG AND FLOWER CHALLENGE

• Get a 12x18 American Flag
• Get a red carnation
• Go to a cemetery and locate a veterans gravesite
• Clean the stone if it needs to be cleaned
• Place the red carnation flower in the upper middle of the stone
• Place the Flag in the upper middle of the stone next to the flower
• Say the name of the veteran out loud and say thank you for your service
  (We do this because a veteran’s name not said out loud is a veteran forgotten)
• Take a picture of you by the stone showing the flag and flower
• Post the picture on all social media with the #fandfchallenge

HONOR VETERANS EVERY DAY
AND NOT JUST ON A HOLIDAY.

Preston Sharp, founder of the Flags and Flowers Challenge  |  prestonsharp.net